



## VOCABULARY

- ✓ **Agility ring:** ring used for speed work, agility training or as target -> Aro de agilidad
- ✓ **Bib:** a loose-fitting sleeveless garment worn on the upper body for identification, especially by competitors and officials at sporting events -> Peto
- ✓ **Clipboard:** a small board having at the top a clip to hold papers and serving as a portable writing surface -> Pizarra portátil
- ✓ **Cone:** geometric figure in which the bottom base is a circle and the sides are smooth, curved lines narrowing to a point at the top -> Cono
- ✓ **Foot ladder:** a ladder with flat steps to place the feet upon -> Escalera de velocidad y agilidad
- ✓ **Hurdle:** one of a series of upright frames which athletes in a race must jump over -> Valla
- ✓ **Pole/ Post:** a long, cylindrical, often slender, piece of wood or metal -> Poste
- ✓ **Portable goal:** structure which can be easily moved or carried into which players try to get the ball in order to score for their team -> Portería móvil
- ✓ **Stopwatch:** a watch with a hand or counter that can be stopped or started at any instant, used to precise timing -> Cronómetro

You can use this website <http://www.howjsay.com> to practise the pronunciation of these words.